# GR-259533 · Chicken Ramen Cup · 3 oz · 100 servings

**⊗** Soy Other Veg: 1/2 ₩ Wheat Meat: 21/4 Sesame

Instructions- Noodle & Chicken

## 5 days Before Service

1. Pull the chicken and noodles from the freezer and place them in the cooler to thaw. Place in a food-safe container.

CCP: Hold below 41°F

Day of Service

#### Instructions- Noodle & Chicken

Whole Wheat Yakisoba Noodles 25 lb

Water, tap, municipal 5 gal

Oil, industrial, canola for salads, woks and light frying 5 tbsp

Frozen, Fully Cooked Fajita Seasoned Grilled 18 1/2 lb

1. Clean and sanitize the workstation. Pull all ingredients and place them at the workstation. Pull equipment needed, tongs, strainer, and 2 hotel pans. Wash hands thoroughly.

CCP: Prepare foods at room temperature in two hours or less.

CCP: Wash hands for 20 seconds in a hand sink, dry properly, and put on gloves before beginning preparation. Repeat the process as often as needed per HACCP guidelines.

- 2. Place thawed **noodles** in a hotel pan deep enough for water to easily cover the noodles by 1 inch.
- 3. Gently, break up noodles with your hands.
- 4. Cover the noodles with **hot water**
- 5. Using tongs, continue to break up the noodles.
- 6. After ONE MINUTE, drain the noodles.
- 7. Coat with a tablespoon or less of **canola oil**. (This step cannot be done more than 2 hours in advance).

CCP: Hold at 165°F or higher. Check and record temperature.

- 8. Place thawed **chicken** in a 2-inch, full-sized hotel pan.
- 9. Cover with foil.
- 10. Heat in a 350°F oven until the meat reaches 165°F.
- 11. Cut coarsely. We have found a metal bench scraper works very well.
- 12. Add 2.5oz Chicken to a cup of noodles.

CCP: Hold at 165°F or higher. Check and record temperature.

#### Instructions- Broth

Low sodium chicken base 20 lb 1.563 c

Ginger root, raw 2.783 tbsp

Soy Sauce, low sodium 1.041 c

Mccormick culinary minced onions 17 OZ

Oil, sesame, salad or cooking 0.522 c

Spices, garlic powder 2.783 tbsp

Vinegar, rice wine 1.041 c

0.522 c

Salt, table 2.783 tbsp

Spices, pepper, black 4.15 tsp, ground

Water, tap, municipal 6 1/4 gal

- 1. Mix all ingredients (chicken base, ginger root, soy sauce, onions, sesame oil, garlic powder, vinegar, salt, and pepper) but water.
- 2. Add **hot water** and stir until all solids are dissolved.
- 3. Strain before using.

CCP: Hold at 165°F or higher. Check and record temperature.

Reheat Instructions

1. To reheat broth, cover, and place in a 350°F hot oven for 7-10 minutes until it reaches 165°F.

CCP: Heat to 165° F or higher for at least 15 seconds

### **Opptional Toppings**

Mushrooms, white, fresh, raw, slices 60 cup, pieces or slices

Include a variety of vegetable toppings of your choice, such as:

Fresh spinach

Shredded or sliced carrots

### Fresh sliced mushrooms

Diced green onion

Opptional Toppings	
Steamed broccoli	
Include sauces, such as:	
Soy sauce	
Sriracha	

# Chicken Ramen Cup

# **Nutrition Facts**

Servings Per Container 1

Serving Size 3 oz

Amount Per Serving  Calories		346
		% Daily Value*
Total Fat 8g		10%
Saturated Fat 0g		1%
Trans Fat 0g		
Cholesterol 45mg		15%
Sodium 1155mg		50%
Total Carbohydrate	45	g <b>16%</b>
Dietary Fiber 0g	o Tan	2%
Sugars 2g		
Includes 1g Added	Su	gars 2%
Protein 27g		54%
Vitamin D: 0% DV	_	Potassium: 7% DV
Calcium: 3% DV	•	Vitamin A: 0% DV
Iron: 12% DV	•	Vitamin C: 1% DV

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.