

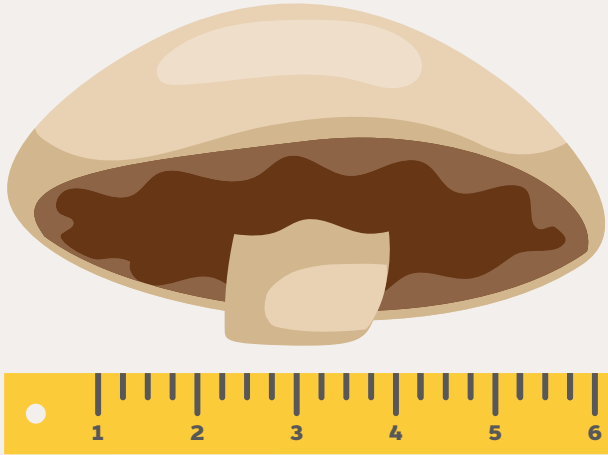


# ALL ABOUT PORTABELLAS



## Go big for lunch!

Portabella caps can measure up to 6 inches in diameter.



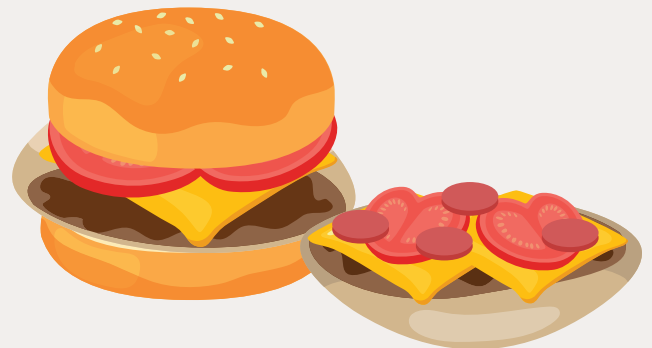
A larger relative to crimini and white button mushrooms.



Portabella mushrooms have tons of flavor and many key nutrients like B vitamins, potassium, and minerals.



Great stuffed for a pizza alternative or grilled as a burger - portabellas are the original meatless patty.



## Select a portabella mushroom burger for your lunch today!



For more mushroom facts, follow Mushrooms in Schools!

@MushroomsK12 @MushroomsInSchools  
[MushroomsInSchools.com](http://MushroomsInSchools.com)



### DID YOU KNOW

The botanical name for the portabella mushroom is

**Agaricus  
Bisporus**