## Mushrooms: Healthy on the Plate, Gentle on the Planet

Mushrooms require a small amount of land.



## 1 MILLION LBS MUSHROOMS



161,500 LBS
ZUCCHINI SQUASH
50,500 LBS
STRAWBERRIES
28,000 LBS
POTATOES

Mushrooms use limited electricity to grow.



1 KILOWATT HOUR OF ELECTRICITY

PRODUCES 1 LB OF MUSHROOMS

## Mushroom growers recycle.



Mushrooms grow in various materials and can be composted and repurposed for other uses.





CORN COBS COCOA HULLS

OATS

**ALL OF THESE GET USED FOR MUSHROOM COMPOST!** 

MUSHROOMS

Get more mushroom facts at MushroomsInSchools.com!