Feed Your Immune System

Word Search

Directions:
Find and circle the immunity words in the grid. Look for them in all directions, including backwards and diagonally.

Vitamin D
Selenium
Iron
Vitamin C
Vitamin A
Healthy
Immunity
Vegetables
Strong
Zinc
Folate
Copper
Mushrooms

Q: What kind of room can be eaten?
A: A mushroom!

For more fun activities and mushroom recipes, visit MushroomsInSchools.com!