



# Thank you for your ongoing support of the fresh mushroom category.

We look forward to sharing programs to help grow your sales.













# Fresh Mushrooms Are a Growing Category









The total U.S. retail dollar sales of fresh mushrooms have been increasing every year since 2014.



This equates to an **increase of over \$160 million** in additional retail sales in just the past several years.



## Consumers Continue to Shop for All Varieties –



### **And Retail Sales Continue to Grow!**



CRIMINI AND PORTABELLA +6%



**WHITE** +2.4%



VALUE ADDED +8%



**+16.6%** 

Nationally, whites, browns (crimini and portabella), Specialty and Value Added have all seen growth during this time\*. Last year alone, crimini and portabella experienced an increase of nearly +6% in dollar sales, white +2.4% (on a very large sales base), value added +8% and specialty +16.6%.

**Mushrooms are hot!** 







THE MUSHROOM CONSUMER SPENDS

\$2.69
PER SHOPPING OCCASION

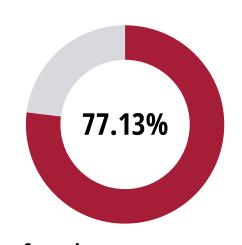
Shopping basket value increases +82% when mushrooms are in the basket +82% INCREASE



\$41.47



\$75.62



of mushroom consumers are repeat buyers



Almost 55% of all U.S. households purchase fresh mushrooms



### **Mushrooms in the News**

The Blend is Contributing to New Consumer Usage as Mushrooms Are Being Added to a Variety of Dishes

The Mushroom Council has several promotions to help support your sales of fresh mushrooms. One of the most impactful programs is The Blend.





Pinterest
The mighty mushroom.
Searches for "mushroom recipes" up 64%.

Plant-based product sales increase an incredible 20 percent

"The new data confirm what we are hearing and seeing every day from our members: sales are up, investment is increasing and new jobs are being created in the plant-based foods industry,"

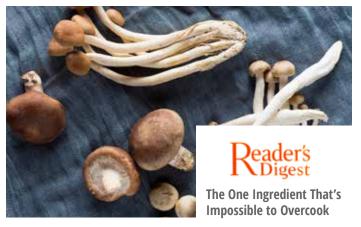
MICHELE SIMON, EXECUTIVE DIRECTOR OF THE PLANT BASED FOODS ASSOCIATION

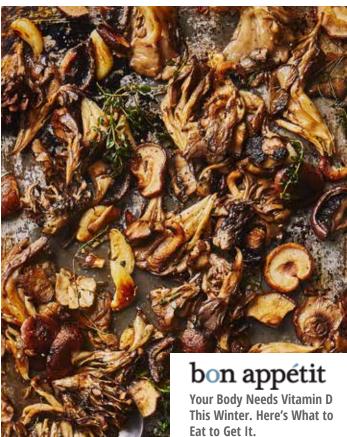






#### **MUSHROOMS IN THE NEWS**

















## Your Shoppers Can Take The Blenditarian Challenge



and Learn More About The Blend at Blenditarian.com



/ blend-ə-'ter-ē-ən / noun/ One who believes the mighty, meaty mushroom makes meals more delicious, nutritious and sustainable. "I'm a Blenditarian Because"

Campaign – Consumers

can win prizes when they

take The Blenditarian pledge

and participate in monthly

Blenditarian recipe challenges.







BECOME A BLENDITARIAN! TAKE THE PLEDGE!

Ask your local mushroom supplier for more details or visit mushroomcouncil.com.







#### JAMES BEARD FOUNDATION

### BLENDED BURGER PROJECT™

The James Beard Foundation announced the five winners in its 4th Annual Blended Burger Project competition. Three hundred and fifty (350) restaurants participated and 250,000 consumers voted for their favorite Blended Burger.

#### The winners are:

- The Bearded Chef, Palm Bay, Florida
- Burgh'ers Restaurant, Pittsburgh, Pennsylvania
- · Courtyard Cafe at Raymond James, St. Petersburg, Florida
- Curb Side Bistro, Odessa, Texas
- Toltec Brewing, Albuquerque, New Mexico

#### To read more, visit Perishable News

#### **Produce Department**

60%
INCREASE

in sales of fresh mushrooms when promoting The Blend

**Meat Department** 

12%

in sales of blended burger patties

Foodservice/Deli

10%

in sales of blended meal offerings (meatloaf, meatballs, tacos, etc.)



## Social Media Helps Promote Fresh Mushrooms and the Council's Marketing Programs













PINTEREST FOLLOWERS 14,000+



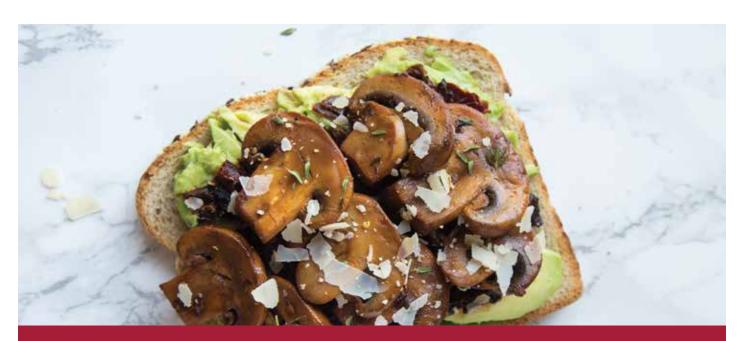




### Healthy on the Plate, Gentle on the Planet



The Mushroom Council conducts ongoing media relations activities to tout fresh mushrooms' nutrition and sustainability during key times of the year, including **National Nutrition Month** (March), **Earth Month** (April) and **National Mushroom Month** (September).



DID YOU KNOW MUSHROOMS ARE ...

FAT FREE, LOW CALORIE, NUTRIENT DENSE, LOW SODIUM. The produce aisle's only **NATURAL SOURCE OF VITAMIN D**, which helps build strong bones.

Growers can increase vitamin D levels in mushrooms to a controlled amount by exposure to ultraviolet light.

#### A SOURCE OF B VITAMINS,

including riboflavin and niacin, which help to provide energy by breaking down proteins, fats and carbohydrates.

#### **GENTLE ON THE PLANET:**

Growing mushrooms requires less water and land relative to many other crops.

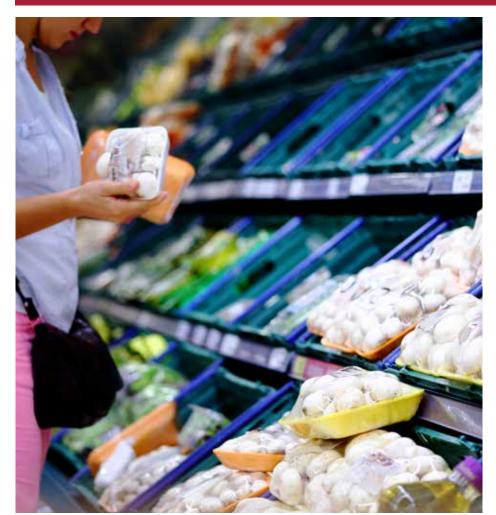
#### RICH IN SELENIUM.

a mineral that helps the immune system function properly.





# We are here to help you build your sales of fresh mushrooms.









303 Twin Dolphin Drive, Suite 600 Redwood Shores, CA 94065

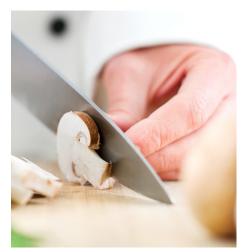
heather@mushroomcouncil.org





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in additional retail sales in just the past several years.



## Consumers Continue to Shop for All Varieties –



### **Retail Sales and Volume Continue to Grow!**



### CRIMINI AND PORTABELLA

\$ +6.7% V +7.9%



#### WHITE

\$ +3.5% V +3.2%



#### **VALUE ADDED**

\$ +22.1% V +26.2%



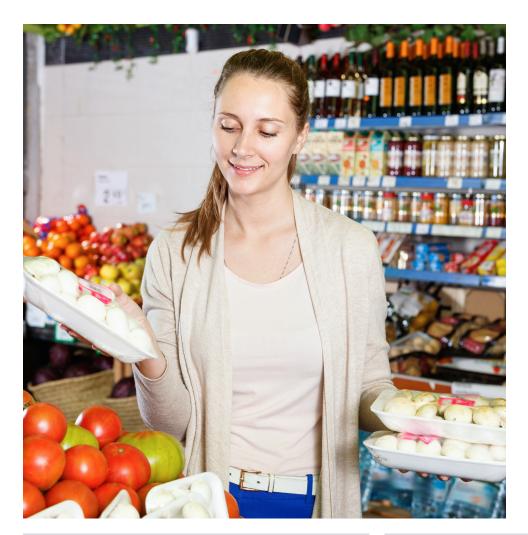
#### **SPECIALTY**

\$ +16.8% V +16.4%

**\$ = Sales V = Volume** 

### **Mushrooms Sales are Soaring!**





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PER SHOPPING OCCASION



#### Almost 55%

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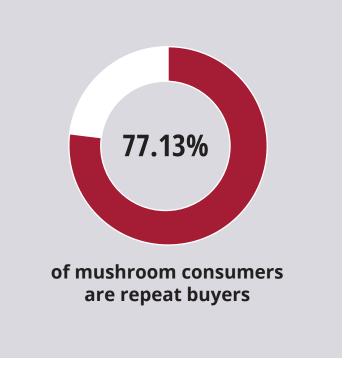
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#### JAMES BEARD BLENDED BURGER PROJECT KICKS OFF SUMMER!

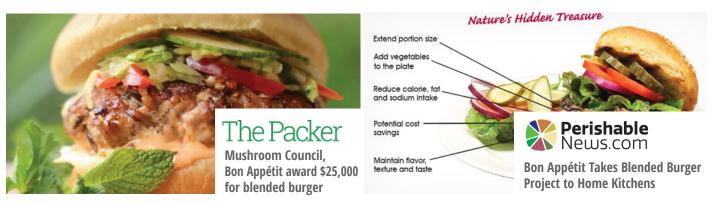
Just in time for the summer sizzle season, the James Beard Blended Burger Project has kicked off at restaurants in Central and South Florida.

Now is the time to make a difference through the delicious food we create. There are more opportunities than ever to be recognized for making a sustainable difference on your menus.







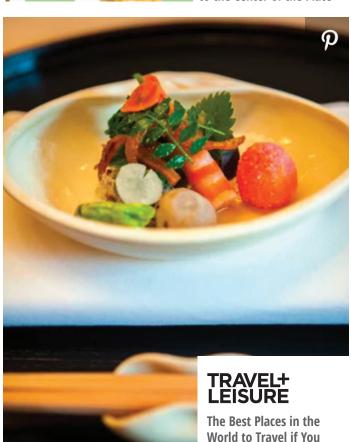




#### **MUSHROOMS IN THE NEWS**













**Love Mushrooms** 





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# September is Mushroom Month and a great way to promote mushrooms at retail!



# HOW DO YOU #MUSHROOMADAY?



#### **GOAL:**

The Mushroom Council is inspiring the use of mushrooms by encouraging consumer usage.
Promote mushrooms at retail to increase sales of fresh mushrooms.

Mushrooms for breakfast. Mushrooms for lunch. Mushrooms for dinner. Mushrooms aren't just a special topping-they're a staple that makes a meal better, any time of day, every day.

September is Mushroom Month. To celebrate mushrooms' brilliant flavor, multiple healthful benefits and diverse applications, the mushroom industry is showcasing how anyone can enjoy a #MushroomADay.



## Use Downloadable Social Graphics to Promote Mushrooms During Q4 Holidays



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OCTOBER NOVEMBER DECEMBER







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#### A SOURCE OF B VITAMINS,

including riboflavin which aids in the release of energy from proteins and niacin, which is required for the proper function of fats and sugars in the body to maintain healthy cells.

#### **GENTLE ON THE PLANET:**

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### A GOOD SOURCE OF SELENIUM,

a mineral that helps the immune system function properly.





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