Mushrooms’ team of nutrients and bioactive compounds contribute to enhanced immunity and can protect the body through antioxidant and anti-inflammatory functions.

**VITAMIN D** enhanced to build and protect strong bones.

**POTASSIUM** to help muscles contract, regulate fluids and mineral balance for recovery and muscle hydration.

**B VITAMINS** niacin, riboflavin and pantothenic acid to boost energy.

**SELENIUM** to improve immune function and repair cellular damage.

**BETA-GLUCANS** to help support immune function.

The Blend delivers important nutrients while allowing athletes to enjoy their favorite foods.

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