

Maitake (Hen of the Woods)
(Grifola frondosa)

DESCRIPTION / FLAVOR: Maitakes are described by a cluster of dark fronds with firm and supple texture at base, becoming slightly brittle and crumbly at the edges. Maitake mushrooms have a distinctive aroma with a rich, woody taste that is enhanced by cooking.

PACK SIZES: Maitakes are available in 3-pound containers.

SHELF LIFE: Maitakes usually last 7-10 days when properly refrigerated.